

Tuesday 23rd April

Dear Parent/Carer,

I am writing to inform you that, in the near future, your child will be covering health and physical changes. This is a requirement of the National Curriculum.

In the coming weeks, your child will be taking part in lessons relating to the changes that happen to their bodies as they go through puberty, using the correct scientific terminology. Not only is this part of the National Curriculum, but it is important for the children to have a good understanding of what is happening to their bodies as they experience it. This will help them to understand that these changes are a normal part of life, but we also hope it will build confidence, independence and self-esteem.

While these topics are a compulsory part of the National Curriculum, we felt you may appreciate being made aware in advance of these lessons in order to prepare for any questions that the children may raise in the days following.

If you wish to discuss any issues relating to this area of study further, then please don't hesitate to contact me.

Yours sincerely,

Miss Quarmby