



NEWSLETTER

Children First
OUTWOOD
PRIMARY ACADEMY KIRKHAMGATE

31st January 2023



@OPA_KHG

UP COMING DATES



Thursday 2nd Feb – Time to Talk Day
 Friday 3rd Feb – Numbers Day
 Friday 10th Feb- Young Voices concert (Choir)
 Friday 10th Feb – Break up for half term holiday
Monday 20th Feb – INSET DAY
School is closed to children
 Tuesday 21st Feb – First day back after half term
 Friday 31st Mar – End of spring term - break up for Easter
 Monday 17th Apr – Summer term starts

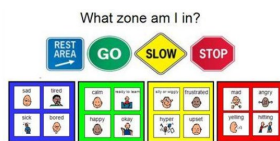
For support with Mental Health visit our website and click the green button or click this link:

<https://mentalwellbeing.outwood.co.uk/>



Zones of Regulation

We are continuing to use our 'Zones of Regulation' which help pupils visually and verbally self-identify how they are functioning in the moment, by understanding the emotions they feel and states of alertness. Staff are then supporting children to move between the zones.



Attendance Matters

Attendance is essential for your child's academic progress and social interactions.



We have an expectation that every pupil should aim for 100% attendance. By making regular school attendance a priority, you can help set your child on the path to success. Our attendance year to date is 94.89% - our target is 97%. Please ensure your child arrives on time each day as every minute late is a minute lost learning.

Mental Health

Our Mental Health Champions have a very important role in school and are receiving training each month on a particular theme and then sharing this with their classes. This month the theme has been kindness which links in with our whole school focus on showing kindness and respect to everyone at all times. We have loved celebrating random acts of kindness and giving out certificates in assembly.

Reverend Atkins also delivered a thought provoking assembly to reiterate our important messages. *'Just like the toothpaste coming out of the tube, once unkind words have been said, they can't be put back.'*



Academy Council Updates

Recent changes to our Academy Council include Samantha Wilkinson & Emma Rosenberg moving from the role of Parent Governors to Sponsored Governors.

This has created space for additional Parent Governors to join us. A letter has been sent to all families inviting parents to apply. The deadline is Friday 3rd February so please request a proposal form if you would be interested in joining the Governing Body.

Healthy lifestyles

At Outwood Primary Kirkhamgate we encourage healthy lifestyles, including learning about balanced diets. We are happy for your child to bring a healthy snack for break times, for example a piece of fruit or vegetable crudité. Please ensure this is in your child's bag for break time rather than their lunch box for easy access. To encourage us to be fit and healthy, Academy Parliament have been rolling the dice each week for our F.I.T (Fit Inspirational Teamwork) activities which have included class yoga and the daily mile.



Playground Fun and Games

It has been wonderful to see our dedicated and enthusiastic Play Leaders, Restorative Practice Champions and Mental Health Champions working together to organise and lead an exciting variety of games out on the playground at lunchtimes. The children have loved being able to choose a zone to play in and be supported to play the game.

'I have really enjoyed the skipping and the Play Leaders were really helpful' Elivia Y5
'I like being able to choose a different zone every day' Jack Y3



Sustainability

Our Academy Parliament have been busy thinking about how we can all be more sustainable in school and asking their classes to share any ideas to have to save paper, water, electricity and food waste. They have been working alongside kitchen and office staff to find out the cost of resources and how we can reduce them.



Reading with our families.

Children in Reception, Y1 and Y2 have been enjoying the opportunity to read with family members during our weekly reading sessions. Please join us if you can:

Reception: Fridays 8.45-9.05am

Year 1: Tuesdays 3pm

Year 2 Thursdays 3pm

